

Brighton Recreation Committee Meeting
Minutes - August 12, 2026

Present: Heather McElroy, Mike Strait, Michelle Wilcox, Katie Mientka

1. Call Meeting to Order: Heather called the meeting to order at 5:30pm.

2. Updates to the Agenda: None

3. Pond-a-Thon: Heather updated the Recreation committee on donations, prizes, and costs. Still waiting on some gift cards and donations; costs for the ambulance and police have been covered. Volunteers are needed for the day of the event. Heather will reach out to the National Honor Society at North Country Union High School, as well as NorthWoods. Package assembly will be September 1 at 5:00pm.

4. Fall/Winter Programming: Open gym, cardio drumming, and a functional fitness class will be offered if Brighton Rec can secure the space necessary. The gym is in demand during these months, and Brighton Elementary coaches need to put their requests in in a timely manner. Rec may also offer a senior-focused class on Fridays during the day.

There will be Full Moon Yoga on August 28 at 6:30pm. Participants will paddle to the island (Heather applied for a permit from the state), do a yoga class with instructor, and paddle back under the full moon. There will also be a ferry service for those who don't want to or cannot paddle. This will be provided by NEK Driving School. They will also light the way back for the paddlers.

Adjourn: The meeting adjourned at 6:00pm.